





Medical Carriers Support for Applied Behavioral Analysis (ABA)

CARRIER	FEATURES	WEBSITE	TELEPHONE NUMBER
	<p>Aetna Autism Advocates:</p> <ul style="list-style-type: none"> • Answer questions about your autism benefits, including applied behavior analysis (ABA) • Pair your child with the right professionals • Make sure that treatment is effective • Connect you with resources for caregivers and family support • Coordinate with integrated autism care providers and caregivers 	<p>www.aetna.com</p>	<p>1-866-724-0604, ext 5</p>
	<p>Horizon Autism Services Team:</p> <ul style="list-style-type: none"> • Assist with confirming medical necessity and the appropriate level of care • Specialized case management throughout treatment by a team of masters-level autism specialists • Will help to set treatment expectations • Help to create a behavior plan to help address behavioral issues 	<p>HorizonBlue.com</p>	<p>1-800-626-2212 (mention ABA)</p>
	<p>Kaiser Developmental Care Manager:</p> <ul style="list-style-type: none"> • Offers ongoing guidance and support • Coordinates health care evaluations • Develop a care plan • Provide case management (linkage and referrals to outside services) 	<p>www.kp.org</p>	<p>1-800-464-4000</p>
	<p>Optima Health Coach:</p> <ul style="list-style-type: none"> • Education about the condition • Practical health information written by clinical experts • Help in setting, meeting and following progress • Help with understanding the prescribed treatment plan, including medications, medical tests, and surgical procedures • Access to Medical Social Worker or Care Manager who may help with locating community resources and assist in locating other programs • Assistance from medical or mental health providers to improve your health 	<p>optimahealth.com/mylifemyplan</p>	<p>1-800-543-3359 (request an Optima Health Coach return call)</p>